



Live More Like Buddha: Guidance and Wisdom from the Enlightened One

By -

Summersdale Publishers. Hardback. Book Condition: new. BRAND NEW, Live More Like Buddha: Guidance and Wisdom from the Enlightened One, 'If a man speaks or acts with a pure thought, happiness follows him like a shadow that never leaves him' Buddha Buddha's wisdom has been handed down through the centuries, teaching us mindfulness, patience and care. This beautiful little book collects his wisest teachings on how best to balance our lives and love our fellow man.



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Reviews

This book is indeed gripping and interesting. It really is rally exciting throgh studying period. Its been written in an extremely easy way and is particularly merely soon after i finished reading this book through which in fact changed me, affect the way i think.

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-- **Orlando Abernathy**